

# VITAL LOVING

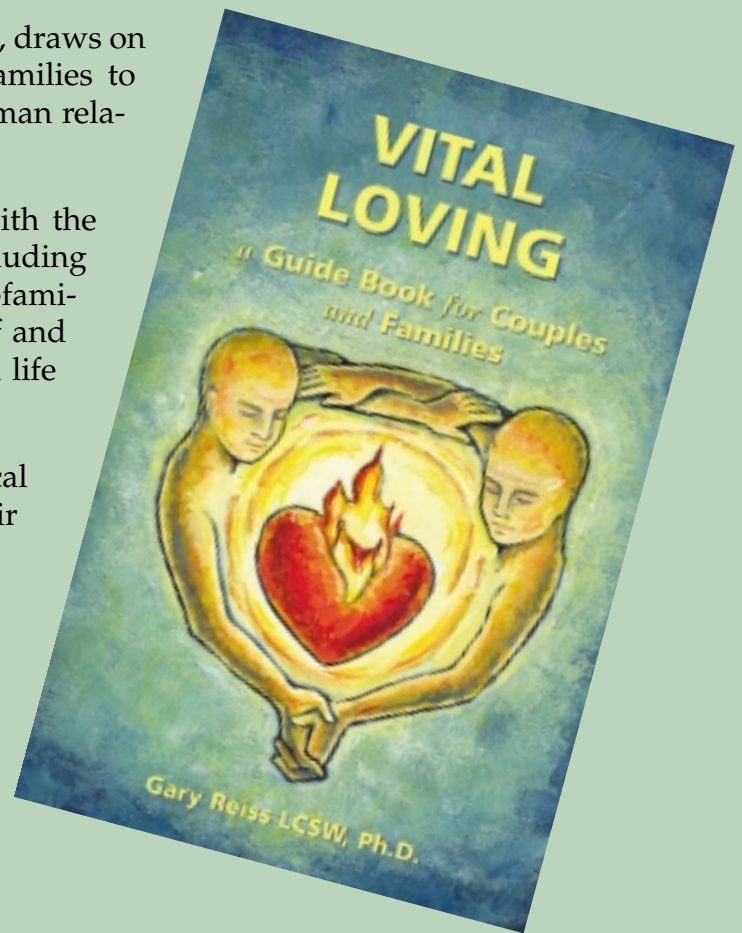
*a Guide Book for Couples  
and Families*

by Gary Reiss LCSW, Ph.D.

In *Vital Loving*, psychotherapist Gary Reiss Ph.D., draws on his extensive knowledge of relationships and families to illuminate the loving potential inherent in all human relationships.

*Vital Loving* offers practical tools for dealing with the many challenges of modern relationship life, including separation and divorce, adolescent behavior, stepfamily relationships, interpersonal violence, and grief and loss. Specific emphasis is given to making sexual life more exciting, intimate, and spiritual.

*Vital Loving* provides theory, tools, and practical exercises to help your relationships actualize their loving potential and reach their full vitality.



## Contact

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## About The Author

**Gary Reiss, LCSW, Ph.D.**, Diplomate in Process-oriented Psychology, has been practicing as a therapist for thirty years. He teaches worldwide and is on the faculty of the Process Work Center of Portland. Gary's approach integrates process work with spiritual traditions. He specializes in conflict resolution, family therapy, and working with people in comatose states. His books include *Changing Ourselves*, *Changing the World*; *Beyond War and Peace in the Arab Israeli Conflict*; *Angry Men*, *Angry Women*, *Angry World*; and *Leap into Living*.